

**The EFOD Virtual Cycle Challenge
Roll of Honour**

**N.B. Entries below are from
participants recorded 'Strava'
readings**

Day	Start	Finish	Lead Rider	Duration (hh:mm)	Distance (km)	Elevation (m)
	Le Grand Depart	First km	Everyone was invited to dial in and ride the first km to get things off to a flying start			
Friday	7:00 AM	8:00 AM	Hugh Fletcher	02:27	53km	830m
12 June	8:00 AM	9:00 AM	Tim Crouch	02:22	53km	783m
	9:00 AM	10:00	David Sreeves	03:53	100km	596m
	10:00 AM	11:00	Nick Shuttleworth	01:00	30km	198m
	11:00 AM	Midday	Joe Shuttleworth	01:00	24km	400m
	Midday	1:00 PM	Kara Brussen			
	1:00 PM	2:00 PM	Lee Galsworthy			
	2:00 PM	3:00 PM	Jackie Paulson	01:00	24km	204m
	3:00 PM	4:00 PM	Adrian Gould	01:00	24km	316m
	4:00 PM	5:00 PM	John Paulson	01:04	35km	582m
	5:00 PM	6:00 PM	Simon Hurst			
	6:00 PM	7:00 PM	Matthew Baird	01:00	39km	58m
	7:00 PM	8:00 PM	Tom Martin			
	8:00 PM	9:00 PM	Jon Morgan-Heath	02:01	40km	865m
	9:00 PM	10:00	Alan Thomas	01:20	36km	0m
	10:00 PM	11:00	Miguel M Piedra	00:57	15km	
	11:00 PM	Midnight	Martin Gormley			
Saturday	Midnight	1:00 AM	Ben Lewis			
13 June	1:00 AM	2:00 AM	Richard Bullett	1:00	20km	729m
	2:00 AM	3:00 AM	Mariana Goncalves			
	3:00 AM	4:00 AM	Jack Davies			
	4:00 AM	5:00 AM	Steve Shadbolt			
	5:00 AM	6:00 AM	Helen Westhead	01:40	34km	199m
	6:00 AM	7:00 AM	Rick Grosfils			
	7:00 AM	8:00 AM	Martin Head			
	8:00 AM	9:00 AM	Yazdi Batki			
	9:00 AM	10:00	Alex Curtis			
	10:00 AM	11:00	Pat Ruddock	00:55	21km	357m
	11:00 AM	Midday	Tamanna Saghir			
	Midday	1:00 PM	Freddie Eldridge			
	1:00 PM	2:00 PM	Ella Phillips			
	2:00 PM	3:00 PM	Andrew Paterson			
	3:00 PM	4:00 PM	Gregory Vaughan-Morris			
	4:00 PM	5:00 PM	Colin Roberts			
	5:00 PM	6:00 PM	Alan Dennis	02:30	47km	650m

6:00 PM	7:00 PM	AC, JMH, JP, DR			
7:00 PM	8:00 PM	Naiane Esteve			
8:00 PM	9:00 PM	Charlotte Brown	01:06	24km	232m
9:00 PM	10:00	Gary Davies	01:21	18km	1059m
10:00 PM	11:00	Daniel McCool			
11:00 PM	Midnight	Ed Smart	03:16	82km	1390m

Sunday 14 June	Midnight	1:00 AM	Laurence Lovell	03:16	82km	1390m
	1:00 AM	2:00 AM	Jeremy Fletcher	03:16	82km	1390m
	2:00 AM	3:00 AM	Rob Powell			
	3:00 AM	4:00 AM	Dominik Sikora			
	4:00 AM	5:00 AM	Elyse Fletcher			
	5:00 AM	6:00 AM	Kieran Butler			
	6:00 AM	7:00 AM	Neil Hitchen			
	7:00 AM	8:00 AM	Harriet Goddard	01:43	35km	270m
	8:00 AM	9:00 AM	Tony Goddard	01:36	30km	195m
	9:00 AM	10:00	Tim Jones			
	10:00 AM	11:00	Dan Raynor			
	11:00 AM	Midday	Liz Raynor			
	Midday	1:00 PM	Mat Turner	03:46	87km	1326m
	1:00 PM	2:00 PM	Tim Wilkinson			
	2:00 PM	3:00 PM	Gemma Lockwood			
	3:00 PM	4:00 PM	Anna-Lise Nanton	01:22	22km	118m
	4:00 PM	5:00 PM	Ian Mach	01:59	35km	369m
	5:00 PM	6:00 PM	Kathryn Jones	01:59	35km	369m
	6:00 PM	7:00 PM	Paul Carr	01:35	17km	32m
	Flamme Rouge	Final km	All riders were invited to join for a final 1km on Sunday at 7:00pm			